

KARMA REEF

SPA AND WELLBEING



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Karma Spa

GILI MENO, INDONESIA

WE CREATE... WELLNESS



KARMA SEA SPA

Set in a natural luxury sea spa tent, we offer massage cures and treatments made from pure and local ingredients. Our spa team deliver treatments slowly to ease you into deep surrender.

BALINESE WELLNESS

Time-honoured rituals delivered with homegrown oils, healing stones and herbal poultices

SACRED BALINESE

We blend traditional massage techniques, gentle stretches, and light acupressure. Enhanced by warm coconut oil to nourish and nurture the skin.

BALINESE + SEA SALT COMPRESS

We enhance your Balinese Massage with a warm sea salt compress to reduce any tight knots and tension. Will leave you feeling so soothed.

SACRED BALINESE + FACIAL MASSAGE

Your relaxing massage is enhanced with a soothing facial delivered with acupressure techniques to nurture and nourish your skin and mind.

BALINESE RIVER STONES

Your Balinese massage is enhanced with warm river stones that flow along your body to melt away any tension. Recommended for chronic stress, jetlag and fatigue.

60 minutes - IDR 375++

75 minutes - IDR 450++

90 minutes - IDR 500++

LOCAL RITUALS

We use local salts, herbs and oils.

KARMA BESPOKE FACIAL

We curate specialised facials tailored to your skin type. Includes a Karma Surrender neck and shoulder release and sublime facial massage to lift and tone your facial muscles.

60 minutes - IDR 450++

EARTH GODDESS

We apply a full body scrub made from coffee and cocoa to warm your skin and boost circulation. This is followed by a full body 90-minute Karma Rhythm Massage to leave you feeling recharged.

120 minutes - IDR 600++

DETOX BY THE SEA

We gently cleanse your skin with a warm magnesium-rich sea salt scrub. This is followed by a full body 60-minute massage. Concludes with a karma Bespoke Facial to leave you cleansed and glowing.

120 minutes - IDR 600++

MASSAGE & BODYWORK

Unwind in style

KARMA SURRENDER

We'll knead away hard knots and aches using hand-pressed organic coconut oil, leaving your skin nourished. Depart feeling more relaxed.

45 minutes - IDR 300++

KARMA RHYTHM MASSAGE

Feeling stressed or fatigued? Our award-winning signature massage concentrates on the neck, shoulder and lower-back. Devised by a renowned TCM practitioner. Feel all your stress melt away.

75 minutes - IDR 400++ | 90 minutes - IDR 450++

BE IN THE MOMENT

Every day is different. Everybody is unique. This personalised massage is tailored to specific regions of the body. The session time, naturally, is also flexible.

60 minutes - IDR 350++

SALTY GLOW MANICURES AND PEDICURES

Delivered with fresh lime and sea salt with heavenly scrubs, creams and polishes. Includes nail filing trimming, shaping and professional nail polish application. Enhanced with a luxurious hand and arm or lower leg and foot massage.

60 - 75 minutes - IDR 300++ each

KARMAGROUP.COM

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