

# LUNCH MENU

## SOUPS & LIGHT BITES

<b>SOUP OF THE DAY (VE OPTION) (GF OPTION)</b> <i>With freshly baked island bread</i>	<b>£8.95</b>
<b>ST. MARTIN'S FISH SOUP (GF OPTION)</b> <i>Diced white fish, saffron aioli &amp; crute</i>	<b>£9.95</b>
<b>DRESSED CRAB &amp; WATERMELON SALAD (S)</b> <i>Served with gin infused watermelon, crisp leaves, tomato, house pickled vegetables &amp; croutons</i>	<b>£12.95</b>

## SANDWICHES & SALADS

### SANDWICHES

#### A CHOICE OF WHITE OR WHOLEMEAL FARMHOUSE BREAD (GF OPTION AVAILABLE)

*Served with Karma coleslaw, Burt's sea-salted crisps & leaves*

<b>ST. MARTIN'S CRAB, DILL &amp; TOMATO CONCASSE (S)</b>	<b>£14.95</b>
<b>HONEY ROASTED HAM WITH MUSTARD MAYO (P)</b>	<b>£11.95</b>
<b>DAVIDSTOW VINTAGE MATURE CHEDDAR &amp; TOMATO CHUTNEY (V)</b>	<b>£11.95</b>
<b>BEETROOT HUMMUS, ROASTED MEDITERRANEAN VEGETABLES &amp; SUNDRIED TOMATO (VE)</b>	<b>£10.95</b>

### SALADS

<b>CHICKEN CAESAR SALAD</b> <i>Lemon &amp; thyme roasted chicken, anchovy, crispy gem lettuce, sourdough croutons &amp; parmesan</i>	<b>£11.95</b>
<b>ST. MARTIN'S GARDEN SALAD</b> <i>Leaves, pickled vegetables toasted seeds, tomato &amp; dill dressing</i>	<b>£11.95</b>
<i>Add Roasted Lemon &amp; Thyme Chicken</i>	<b>£3.95</b>
<i>Add Dressed Scillonian Crab Meat (S)</i>	<b>£4.95</b>
<i>Add Cumin Roasted Aubergine &amp; Courgette (Ve) (V)</i>	<b>£2.95</b>

## SIDE DISHES

<b>GARLIC BREAD</b>	<b>£3.95</b>
<b>THICK-CUT CHIPS</b>	<b>£3.95</b>
<b>MIXED LEAF SALAD</b>	<b>£3.95</b>
<b>SWEET POTATO FRIES WITH SAFFRON AIOLI</b>	<b>£4.95</b>
<b>CORNISH NEW POTATOES WITH PARSLEY BUTTER</b>	<b>£3.95</b>
<b>BUTTERED SEASONAL GREENS</b>	<b>£3.95</b>

*Due to our food being freshly prepared, longer waits can be expected during busy periods.  
All items on our menu are subject to change due to availability of fresh produce and deliveries to the Islands.  
We support our local community by sourcing produce from the Islands and Cornwall as much as possible.*

Please inform a member of our team if you have any food allergies or dietary requirements when placing your order

(GF) Gluten free  
(L) Lactose free  
(S) Shellfish

(N) Nuts  
(P) Pork  
(G) Game

(V) Vegetarian  
(Ve) Vegan



*A discretionary 10 % service charge will be added to your bill*

# LUNCH MENU

## MAIN DISHES

<b>ST. MARTIN'S FISH 'N' CHIPS (L) (GF OPTION)</b>	<b>£19.95</b>
<i>Tribute battered fish of the day, thick-cut chips, mushy peas, tartare sauce</i>	
<b>KARMA BEEF BURGER (GF OPTION)</b>	<b>£17.95</b>
<i>Blended beef patty, with streaky bacon, mature cheddar, pickled red onion, crispy gem lettuce, tomato, gherkin &amp; burger sauce</i> <i>Served with thick-cut chips &amp; Karma coleslaw</i>	
<b>KARMA CHICKEN BURGER (GF OPTION)</b>	<b>£17.95</b>
<i>Breaded chicken with Korean barbeque sauce, pickled red onion, crispy gem lettuce, tomato &amp; gherkin</i> <i>Served with thick-cut chips &amp; Karma coleslaw</i>	
<b>KARMA VEGAN BURGER (VE) (V) (GF OPTION)</b>	<b>£17.95</b>
<i>Vegan burger, crispy gem lettuce, pickled red onion, tomato and gherkin</i> <i>Served with thick-cut chips</i>	
<b>ST. MARTIN'S CRAB TAGLIATELLE (S) (GF OPTION)</b>	<b>£19.95</b>
<i>Scillonian crab meat, lemongrass, ginger, lime, coriander, and chilli in a cream white wine sauce</i>	
<b>SWEET POTATO &amp; SPINACH CURRY (VE) (V)</b>	<b>£17.95</b>
<i>With braised coconut rice, lentil and chickpea dahl, red onion &amp; coriander</i>	
<b>SEAFOOD SHARING PLATTER (S) *</b>	<b>£P.O.A</b>
<i>A bounty of lobster, dressed crab, scallops and king prawns served with local buttered new potatoes, island leaves and garlic and parsley butter</i>	

\* Please pre-order - subject to availability

## DESSERTS

<b>KARMA MESS (GF)</b>	<b>£7.95</b>
<i>Karma's twist on the classic Eton mess, with berries &amp; Cornish clotted cream</i>	
<b>DARK CHOCOLATE BROWNIE (GF)</b>	<b>£7.95</b>
<i>With vanilla ice cream, chocolate soil &amp; chocolate sauce</i>	
<b>LEMON TART</b>	<b>£7.95</b>
<i>Lemon tart served with berry coulis &amp; summer fruit sorbet</i>	
<b>ST. AGNES ISLAND TROYTOWN FARM ICE CREAM &amp; SORBETS</b>	
<i>One Scoop</i>	<b>£3.00</b>
<i>Two Scoops</i>	<b>£4.50</b>
<i>Three Scoops</i>	<b>£6.50</b>

Please ask for selection. Ice-Cream & Sorbet Tubs also available £3.50

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