

A woman with long dark hair, wearing a white spa robe with a dark belt, stands on a wooden balcony overlooking the Indian Ocean. She is looking out at the sea with her arms slightly out. In the foreground, two massage tables are set up with white linens and green pillows. The room is enclosed by light blue, sheer curtains that are pulled back to reveal the view. The sky is overcast and the ocean is a deep blue.

K
Karma Spa

WILD WELLNESS OVERLOOKING
THE INDIAN OCEAN

WE CREATE... WELLNESS

SPA ETHOS

The award-winning Karma Spa offers sublime experiences to nourish, nurture, and cure. The spa features stunning Spa Huts set into the rugged limestone cliffs with 180 degrees of views across the Indian ocean.

At the heart of our spa is the Ocean Spa Suite featuring an open-air massage bale with bio - hacking therapies including an Infrared Sauna, Ice Bath, Ocean Shower, and a warm bubbling Jacuzzi.

Be nurtured by our spa team of anatomy-trained bodyworkers who deliver treatments that restore and replenish.

karmagroup.com

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[#experiencekarma](https://www.instagram.com/karmaspas)

TREATMENT HIGHLIGHTS

Ocean Spa Suite - Wellness in Paradise

Take Your Time - Island Rituals

High Performance Massage + Bodywork

Unique to Bali - Healers

Sacred Balinese

Holistic + New Age Facials

Intraceuticals Oxygen Facials

Unique to Bali - Local Practitioners, Masters & Healers

Karma Fit

Groom + Glow

Union - Family Spa Time

Acupuncture - Treatment Services

Wellness Drips - Revive & Restore

Spa Journeys

Spa & Dine - Romantic Candlelight Dinner

How to Spa



OCEAN SPA SUITE

WELLNESS IN PARADISE

Situated on the cliff, our Ocean Spa Suite is one of the most beautiful locations in the world. The open-air space features biohacking therapies including an Infrared Sauna, Ice Bath, Ocean Shower and muscle-relaxing Warm Plunge Pool - the ideal playground to explore, connect and be.

All packages include complimentary refreshments.

FIRE + ICE - INFRARED SAUNA AND ICE BATH IMMERSION

Optimize your mood and energy levels with contrast therapy featuring sessions in the Infrared Sauna and Ice Bath complimented with Ocean Shower and Warm Pool - you'll feel so invigorated.

60 minutes - IDR 650++ per person / IDR 750++ per couple

3 HOURS COUPLES CONNECT

The ultimate 'go with the flow' vacation relaxation experience. Enjoy three hours of divine treatments with your choice of massage, salty body scrubs, holistic facials and manicures and pedicures - complimented with a bottle of Karma Signature Reserva Sparkling Wine.

IDR 4.500++ per couple

4 HOURS OCEAN SPA RETREAT

Level it up - four hours of divine treatments with your choice of massages, salty body scrubs, holistic facials, manicure or pedicures - complimented with a bottle of Karma Signature Reserva Sparkling Wine. Be free, be wild.

IDR 5.500++ per couple

FEEL LIBERATED - SAUNA + ICE BATH + DETOX SCRUB + MASSAGE

We treat you to a warm sea salt scrub followed by a full body massage of your Choice. Completes with an invigorating Infrared Sauna + Ice Bath.

120 minutes - IDR 2.900++ per couple

TAKE YOUR TIME

ISLAND RITUALS

Relax and let us treat you to the best of island Bali - using local coconut oil, sea salt, herbs and essential oils. Our Ocean Spa biohacking space features an Infrared Sauna, Ocean Shower, Ice Bath and Warm Plunge Pool - feel invigorated!

2 HOURS ISLAND DETOX

30-minute Infrared Sauna and Ice bath time + Lemongrass & Mandarin Warm Sea Salt Scrub + 60 minute Bespoke Massage

2 HOURS ISLAND ESCAPE

60-minute Balinese Massage + 30 minute Warm Seaside Citrus Body Scrub + 30 minutes Karma Facial Massage

2 HOURS ISLAND SIESTA

60 minutes Balinese Massage + 30 minutes Karma Yoga Facial + 30 minute Feel Good Foot + Leg Massage

120 minutes - IDR 1.900++ per person

IDR 2.900++ per couple

HIGH-PERFORMANCE MASSAGE + BODYWORK

Karma's spa team are certified in Anatomy & Physiology and healing Reiki. All massages can be tailored to your needs.

In-villa massages available.

KARMA RHYTHM SIGNATURE MASSAGE

We blend long and flowing massage movements with deep therapeutic bodywork to return you to balance. Delivered with Coconut and Candlenut oils blended with uplifting Lemongrass, Mandarin and Lemon Myrtle.

Boosts circulation, rejuvenation and oxygen flow.

60 minutes - IDR 1,150++ / 90 minutes - IDR 1,350++

SACRED BALINESE MASSAGE

This time-honoured massage originates from the Balinese village healing traditions and has evolved over time. Delivered with long, flowing movements and Balinese oils of Coconut oil, Jasmine and Ylang Ylang and Candlenut (kuki) seed oil. Feel relaxed and restored.

60 minutes - IDR 1,150++ / 90 minutes - IDR 1,350++

THAI (YOGA) MASSAGE + INFRARED SAUNA

We deliver this therapeutic massage at our beautiful open-air space overlooking the Indian ocean. This is a fully-clothed treatment. Your therapist will gently stretch and release the muscles and joints, pressing points to enhance circulation and oxygen flow. Based on acupressure, yoga and ayurveda.

60 minutes - IDR 1,150++ / 90 minutes - IDR 1,350++

YOUR TIME - BESPOKE MASSAGE

A focused back, neck and shoulder therapy to release all your tightness and tension in the upper areas of the body. Slow down and surrender into the softness of your being. Feels so good!

60 minutes - IDR 1,150++ / 90 minutes - IDR 1,350++

KARMA SURRENDER

A focused back, neck and shoulder therapy to release tightness and tension in the upper areas of the body. Slow down and surrender into the softness of your being. Delivered with a wildflower blend of Lavender, Jasmine and Ylang Ylang oils. Feels so good!

60 minutes - IDR 1,150++

KARMA FIT - DEEP TISSUE RECOVERY

The ideal post work-out treatment for recovery and repair. We blend pressure point, acupressure, and gentle stretching to activate circulation, blood flow and oxygen flow. Enhances flexibility, mobility and range of motion.

30-minute - IDR 950++ • 45-minutes - IDR 1,050

60 minutes - IDR 1,150++

CELLULITE MASSAGE

This full body massage is delivered with a purifying blend of Lemon, Grapefruit, Basil and Bergamot. Helps to break down toxins and fats in the body. Delivered with sweeping, circular, kneading, skin rolling, palm pinching and squeezing techniques. Embody smoother and radiant skin.

60 minutes - IDR 1,150++

MANUAL LYMPHATIC FACE AND BODY TREATMENT

A feather-light skin massage to activate the lymphatic system. We gently press the areas that house the main lymph nodes – face, neck, arm pits, groin. Symptoms that our lymphatic system is sluggish include swelling in the arms and legs, bloating, stiffness and restricted range of motion, a feeling of heaviness and brain fog.

30-minute Lymphatic Body Massage + 15-minute Lymphatic Facial +
30-minute Infrared Sauna 75 minutes - IDR 1,250++

HOLISTIC + NEW AGE FACIALS

LOOK AND FEEL YOUR BEST.

THE KARMA SIGNATURE

We begin with a soothing neck and shoulder massage to help you unwind. A deep cleanse and exfoliation follows with layering of hydrating oils, creams and serums. A divine facial massage smooths out fine lines. Completes with a Red Light Therapy booster for radiance and glow.

75 minutes - IDR 1,150++
(includes Red Light Radiance Therapy)

KARMA YOGA FACE MASSAGE

Inspired by Ayurvedic wisdom, this meditative facial massage combines marma point therapy to nurture your skin and spirit. We blend gentle facial massage with gentle acupressure to stimulate the facial muscles, activate lymphatic flow, and improve circulation and vitality.

Feel calm and glowing.

45 minutes - IDR 750++

RED LIGHT RADIANCE THERPY (RLT)

Experience the benefits of low-level wavelengths of red light therapy upon the skin. Boosting for circulation and collagen, bringing glow and vitality to the complexion. Recommended for reducing the appearance of fine lines.

30 minutes - IDR 650++ (includes lower leg and foot massage).

FIRE & ICE GUA SHA FACIAL

Experience the skin sculpting and tightening benefits of contrast therapy. We combine wild rose skincare with alternate applications of ice globes and warm rose quartz gua sha face massage. Brings circulation and vitality to the skin, reducing puffiness and inflammation while plumping and firming. An instant skin booster!

60 minutes - IDR 950++

INTRACEUTICALS OXYGEN FACIALS

ULTIMATE OXYGEN FACIAL

High- performance, ultimate luxe and luminous – this is the cream of the crop in oxygen facials. Begins with an upper body neck and shoulder massage followed by cleanser and infusion of oxygen, hyaluronic acid and vitamins. Smooths away the fine lines, plumping and hydrating the skin. Zero downtime. Emerge gorgeous and glowing.

120 minutes - IDR 1.500++

CRYO LIFT OXYGEN INFUSION

We apply an infusion of oxygen cools and plumps the skin texture, smoothing out fine lines, in particular around the eyes, forehead and mouth area. Your skin will appear smoother, fresher and glowy. *Includes a complimentary Red Light Therapy to bring circulation and vitality to the skin.*

Depart holiday ready - hydrated and glowing!

45 minutes - IDR 650++

**For enhanced results, level-up with an Micro- exfoliation and or Rejuvenate Oxygen Infusion.*

OPULENT OXYGEN INFUSION

Pigmentation. Sun Damage

Recommended for sun damage and pigmentation. We combine oxygen infusion with vitamin-c enriched skin care. Tailored to brighten and illuminate the skin while reducing the appearance of uneven skin tone.

60 minutes - IDR 850++

REJUVENATE OXYGEN INFUSION

The ultimate hydration booster! During this facial treatment, we apply a potent blend of Hyaluronic acid and vitamins to give your skin instant moisture. Helps to reduce the appearance of fine lines and promote hydrated and glowing skin.

60 minutes - IDR 850++

MICRO-EXFOLIATOR – DEEPER CLEANSE

When your skin feels dry and flaky, and you need deeper exfoliation. During this treatment, a tip is gently smoothed around your face, neck, and décolleté area to lift away dead skin cells. Activates collagen, firming and toning the skin. Sunscreen is applied after this treatment.

45 minutes - IDR 650++

Price are listed in '000' Indonesian Rupiah and subject to 10% service charge & 11% government tax



UNIQUE TO BALI

LOCAL PRACTITIONERS, MASTERS & HEALERS

Experience this rare opportunity to have a session with a real-life Balinese master. We have connected with Bali's most renowned practitioners who are revered in their craft. Healing offers a pathway to clear the energy and return to your heart and positive balance.

These healings are offered in our Healing Vibrations Suite

BALINESE TEMPLE BLESSING CEREMONY

Experience an authentic and traditional Balinese priest blessing performed with flowers, holy water and prayer, Includes a 2-hour massage, scrub and facial. A beautiful way to honour your anniversary, wedding – and self!

3 hours - IDR 2.500 ++ per person / IDR 3.500 ++ per couple

ERYKA - REIKI, HYPNOTHERAPY & HEART HEALING

Meet Balinese-born Eryka who has a natural gift for healing. She blends her own special magic of heart healing energy and reiki work to help clear away any traumas, anxiety and negativity. Her 'Heart Healing Activation' blends reiki with a beautiful chakra opening facial massage.

60 minutes - IDR 1.250++ per person

BUDIADA - ACUPRESSURE MASTER

Introducing Budiada, Karma Spa's Head Trainer who is masterful in acupressure massage, deep tissue and reflexology. He is sought after by many of our guests and members for his high-level, intricate bodywork.

Our recommendation for sports recovery and chronic stress, fatigue and sleep issues.

60 minutes - IDR 1.250++ per person

BALINESE SOUND HEALING MASSAGE

Experience the amazing sensation of a beautiful soothing massage delivered to a gentle live sound healing session performed by Dayu Citra. This is a high-touch, high-vibration treatment that consist of a Chakra clearing and balancing – feel transformed.

90-minutes - IDR 2.250++ per person

MADE WARMANA - BALINESE REIKI HEALER

Meet Made I Warmana, one of Bali's most renowned and powerful reiki healers. Made will help to release energies such as negativity, anxiety, and trauma trapped in the body. Recommended for better sleep, clarity, emotional and mental support.

60 minutes - IDR 1,250++ per person

DAYU CITRA - SOUND HEALING + TAROT

Sound Healer, Meditation & Tarot Readings

Meet Citra Kusuma Ida Ayu who is born into a lineage of Balinese healers. Dayu blends Tibetan sound bowls with chakra balancing and crystal therapy. Dayu is also a revered Tarot Reader and hosts private, family, couples and group Sound Healing Meditations.

60 - 75 minutes - IDR 950++ per person

SHELA - TAROT MASTER

When you need clear guidance in areas of life such as love, career, finance and family. Shela's readings offer a rare opportunity to reflect and reset your life. They are deeply supportive and solution-oriented, giving you the opportunity to begin anew!

60 - 75 minutes - IDR 1.350 ++ per person

PUTRA - BALINESE REIKI MASTER

Introducing I Kadek Putra, a renowned yoga and reiki master. Putra blends energy clearing with reiki healing and prana breathwork - complimented with sound bowls and chanting mantras.

60 - 75 minutes - IDR 950++ per person



KARMA FIT

Discover new ways to move, enhance cognitive performance and boost your dopamine levels. From group yoga to kickboxing, muay thai and e-bike tours, consult the spa for an updated schedule of exercise offerings.

GROUP KARMA YOGA CLASSES

Join us at our spa lounge for these fun classes that awaken, stretch and replenish the body. Feel inspired as our expert instructors lead you through flowing movements and postures tailored to all levels.

Everyone is welcome!

Daily from 8-9am

60 minutes - IDR 150++ per person (bookings essential)

KARMA E-BIKE EXPERIENCE

Every Friday 8 - 9.30am

Join us for a beautiful journey through some of Southern Bali's most picturesque and secluded coastal roads. Experience a real connection to this unique island and its natural beauty.

IDR 700++ per person

MUAY THAI AT ROOFTOP MENTARI RESIDENCES

Daily from 8 - 9am

Experience the Muay Thai at Karma Kandara with a skilled instructor: a dynamic fusion of martial arts and luxury. It's your gateway to fitness and stress release

IDR 165++ per person

PERSONAL TRAINING, MARTIAL ARTS & YOGA

Maintain your fitness, energy and motivation with the support of I Wayan Nanik Antara, an exceptional yoga and personal training instructor. A student of martial arts since he was ten years old, Nanik is highly regarded for his professional, positive and motivating sessions in strength training, weightlifting, yoga, martial arts and personal training.

60 minutes - IDR 650++ (1-2 pax)

KARMA YOGA SESSIONS

Maintain core strength, muscle tone and energy levels on your vacation. These classes are tailored to your individual needs and are perfect for beginners to experienced practitioners.

60 minutes - IDR 650++ (1-2 pax)

TAI CHI AND YOGA

Meet the vibrant Wayan Wirati, a practitioner of meditation who leads inspiring yoga and tai chi classes. She has received holy knowledge with Jhana Buda Shiva and blessing from Sri Jaya Shakti (Master Ketut Arsana) and hosts both private and group classes.

60 minutes - IDR 850++ (1-2 pax)

SUNRISE TAI CHI

Awaken your body, mind and energy feeling empowered and inspired. Tai Chi is a traditional Chinese discipline known for its physical, emotional and longevity benefits. Be guided through movements that improve circulation, 'chi' energy flow and overall wellbeing.

60 minutes - IDR 850++ (1-2 pax)

LEARN TO MEDITATE

Learn the beautiful art of meditation designed to keep the mind balanced and at ease. A regular self-care practice is said to help lower our heart rate and blood pressure, and boost feelings of happiness and wellbeing.

60 minutes - IDR 650++ (1-2 pax)

GROOM + GLOW

Our spa team has been certified by Glo Day Spa to deliver a high standard of hygienic nail care. We use the professional OPI brand.

OCEAN-VIEW MANICURES OR PEDICURES

Relax in bliss with views overlooking the Indian ocean. Your feet are soaked, cleansed, and exfoliated then shaped, filed and buffed. Select polish of your choice. Includes a soothing foot and leg or hand and arm massage.

IDR 550++ each / IDR 950 ++ combination
French Polish IDR 100++ extra per treatment

HIGH GLOSS GEL MANICURES OR PEDICURES

Get holiday ready with our signature Gel Manicures and Pedicures. We apply OPI Gel to give you luxuriously long-lasting and shiny nails. Includes a relaxing foot soak and scrub. Recommended for weddings, events, and vacations!

60 minutes - IDR 750++ each

MEN'S MANI OR PEDI

Relax in style as your feet are soaked, cleansed, and scrubbed using natural products. We groom your nails to new – clean, cut, trim shape.

60 minutes - IDR 550++ each / IDR 950++ combination

EXPRESS MANI OR PEDI'S

When time is of the essence. Let your hands and feet be soaked, cleansed and gently scrubbed. Includes clipping, trimming, file, cut and shape.

45 minutes - IDR 400++ each

UNION – FAMILY SPA TIME

KIDS FUN YOGA + MOVEMENT CLASS

Introduce the young ones to the benefits of moving and stretching. The classes are light and playful - just the way life is meant to be.

Every Saturday 9am at Three Monkeys Kids Club - IDR 100++ including a fresh juice and gift.

YOU GLOW MANI + PEDI

Treat your little ones to a gorgeous mani and pedi overlooking the ocean!
60 minutes - IDR 600++

FEEL CALM SEASIDE FOOT MASSGE

Your kids will love this lower leg and gentle foot massage as they look out over the ocean – calming and relaxing!
45 minutes - IDR 500++

MOTHER + DAUGHTER PEDI (or MANI) TIME

Spend time together having your toes soaked, scrubbed, filed and polished. Served with refreshments.
60 minutes - IDR 1.100++ (2 pax)

ACUPUNCTURE TREATMENT SERVICES

Introducing Samuel Titalei Pandango, an Indonesian-based certified Acupuncturist with over twelve years working in wellness clinics, hospitals and spas. Samuel's treatments all begin with a thorough diagnostic consultation. His services range from medical acupuncture, myofascial acupuncture, physiotherapy, acupressure, cupping, moxibustion and beauty.

PAIN RELIEF ACUPUNCTURE

For those seeking relief from back, head, muscle spasms or post-operative discomfort. This acupuncture treatment uses 'calling the dequi' technique using gentle thumb palpitation to locate trigger points. Activates vital energy, stimulating sensations such as aching, soreness, and tingling. It may incorporate electric stimulation or myofascial methods for optimal results.

30-60 minutes - IDR 1,050++ per person

BALANCED ACUPUNCTURE

Seeking balance for psychological, mental, or hormonal challenges? Balanced Acupuncture helps to resolve modern day health concerns including insomnia, lack of energy, stress, mood fluctuations, and nervous system issues. Includes a diagnostic consultation.

Every treatment is tailored to your specific needs

30-45 minutes - IDR 950++ per person

ACUPUNCTURE MOXA

Experience the warmth of acupuncture moxa, ideal for addressing cold-related issues and deficiencies in blood and energy (Qi & Xue).

60 minutes - IDR 1,000++ per person

WET CUPPING

A therapeutic treatment for health issues, including migraines, high blood pressure-induced headaches, anxiety, and musculoskeletal conditions. Ideal for insomnia, anxiety, stress, fever, and auto-immune health issues.

30-60 minutes - IDR 800++ per person

DRY CUPPING

Addresses musculoskeletal concerns including scar tissue, improving blood and lymph circulation. This method aids in pain management, mobility enhancement, and toxin reduction.

30-60 minutes - IDR 600++ per person

AESTHETIC ACUPUNCTURE

Improve your skin tone, appearance and complexion. Cosmetic acupuncture relies on fine needles, targeting fine lines and puffiness, improving skin circulation and vitality. Look younger, feel more energized.

60 minutes - IDR 1,500++ per person

WELLNESS DRIPS - REVIVE & RESTORE

Fusion Wellness prides itself on providing high class treatments with quality ingredients. We have a variety of infusions formulated with ingredients that are found naturally within the body and help address a range of different goals.

THE ALL IN

The All In is the most popular service at Fusion Wellness & for good reasons. With it's many different key ingredients The All In will help you think clearer, sleep better & increase your energy & well being.

45-60 minutes - IDR 1,600++ per person

Benefits:

- Improve overall health and well-being
- Immune-boosting
- Stress reduction
- Enhance skin and hair
- Improve cognition
- Anti-aging

Key Nutrients:

- Electrolytes
- Vitamin C
- Collagen
- Antioxidants
- Neurobion 5000 (a blend of B vitamins)
- Glutathione
- Magnesium
- Vitamin C and zinc

THE AFTERMATH

The ultimate recovery from anything that has left you feeling flat and in need of a pick up. Whether it's been a big night out or burning out from spreading yourself too thin. The Aftermath will leave you feeling rehydrated & rejuvenated, ready to take on the world again

45-60 minutes - IDR 1,500++ per person

Benefits:

- Improve recovery
- Enhance energy
- Optimize cognition
- Boost immunity
- Supports detoxification
- Boost nutrient stores

Key Nutrients:

- Cernevit
- V-9 multivitamin
- Vitamin B & C
- Folic acid
- Dexpanthenol
- Oflavinrib
- Magnesium

THE RONA

With ever increasing risk to our immune system, prevention is better than a cure. The Rona is the ultimate virus, cough, cold and flu prevention infusion boosting your immune system with vital nutrients and vitamins to fight off any flu like symptoms.

45-60 minutes - IDR 1,200++ per person

Benefits:

- Reduces recovery time
- Immune boosting
- Anti-microbial
- Supports tissue repair
- Reduce inflammation
- Revitalize the cells

Key Nutrients:

- Electrolytes
- Vitamin B & C
- Collagen
- Antioxidants

THE BIO HACKER

The All In is the most popular service at Fusion Wellness & for good reasons. With it's many different key ingredients The All In will help you think clearer, sleep better & increase your energy & well being

45-60 minutes - IDR 3,100++ per person

Benefits:

- Boost cognitive function
- Support overall brain health
- Peak performance
- Immune boosting
- Support sleep
- Improve mood and focus

Key Nutrients:

- NAD+ and trace minerals
- Sodium citicoline
- Methylcobalamin (vitamin B12)
- Myers Cocktail

THE BALI BELLY

It's not uncommon, and every day we treat patients who are suffering from Bali Belly symptoms with a 45-60min vitamin drip full of all the goodness your body needs to recover FAST!

45-60 minutes - IDR 1,200++ per person

Benefits:

- Relief from gastrointestinal upset
- Deep rehydration
- Replenish nutrient reserves
- Boost immunity
- Anti-inflammatory and antioxidant
- Gentle detoxifier

Key Nutrients:

- Cernevit
- V-9 multivitamins
- Vitamin B & C
- Folic acid
- Dexpanthenol
- Riboflavin
- Magnesium

SPA JOURNEYS

MULTI-DAY PROGRAMS TO LEVEL UP YOUR WELLBEING

The benefits of a healthier lifestyle are accumulative - the more we practice and receive wellbeing into our lives, the better we look and feel. This is an invitation to level-up your wellbeing, fitness and skin health.

THE RENEWAL

Day 1 - 30 min Detox Salt Scrub

Day 2 - 45 min Karma Yoga Face Massage

Day 3 - 45 min Express Manicure or Pedicure

IDR 1.880++

THE SCULPT

Day 1 - 60 min Cellulite Massage

Day 2 - 60 min Fire + Ice Gua Sha Facial

Day 3 - 60 min Ocean View Manicure or Pedicure

Day 4 - 60 min Fire+ Ice-Infrared and Ice bath Immersion

IDR 2.640++

No discounts applicable on above packages

THE RECOVERY

Day 1 - 60 min Your Time Bespoke Massage

Day 2 - 75 min The Karma Signature Facial

Day 3 - 75 min Manual Lymphatic Face and Body Treatment

Day 4 - 90 min Thai (Yoga) Massage + Infrared Sauna

Day 5 - 90 min Karma Rhythm Signature Massage

IDR 3.960++

THE COMPLETE REJUVENATION

Day 1 - 60 min Fire+ Ice-Infrared and Ice bath Immersion

Day 2 - 60 min Karma Fit Deep Tissue Recovery

Day 3 - 60 min High Gloss Gel Manicure or Pedicures

Day 4 - 90 min Sacred Balinese Massage

Day 5 - 120 min Island Escape

Day 6 - 120 min Ultimate Oxygen Facial

IDR 4.376++

No discounts applicable on above packages



SPA & DINE - LOVE ON THE EDGE OF PARADISE

Situated on the cliff overlooking the vast Indian Ocean, your Karma experience begins with a deeply relaxing couples massage followed by a detoxifying Infrared Sauna session. You'll continue your serenity with a plunge in our Cliff Soaking Pool as you marvel at the sun dipping below the colorful horizon.

Then after sunset, our Culinary Team will prepare your special Spa & Dine sharing menu served with a bottle of sparkling wine. Start off with a selection of tuna tartare, butterfish aburi and prawn pomelo followed by a superfood salad. A choice of black cod or roast filet mignon for your main course is next with dessert selections to round it all out. From a massage table to a romantic table set for two, **Karma Kandara's Spa & Dine package is a match made in heaven.**

IDR 5,500 PER COUPLE

Price are listed in '000' Indonesian Rupiah and subject to 10% service charge & 11% government tax

HOW TO SPA

We suggest you arrive at least ten minutes before your scheduled treatment to relax and enjoy your welcome refreshments. Pre-treatment relaxation also prepares you better for your spa journey.

No need to bring anything as we provide all the comfortable attire you need during your spa experience. We advise you to avoid drinking caffeine or alcohol before your treatment. For young travelers we prefer an adult is present.

Do let us know in advance if you are pregnant or have any health concerns or specific issues you would like us to address.

All treatments are subject to 21% government tax and service charge. Cancellations of treatments need to be communicated at least 24 hours prior to the appointment to avoid a 50% charge of the booked treatment. Tipping is acceptable. Many of our treatments can also be performed in your own villa.

WE WISH YOU A SOUL-NOURISHING STAY IN BALI.

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