

BALINESE & LOCAL HEALERS

We've collaborated with some of Bali's most amazing healers. Please check with each spa to find out which Balinese Healers are available - advanced notice recommended.

BALINESE REIKI WITH I MADE WARMANA

We are proud to collaborate with I Made Warmana, a renowned Balinese Reiki healer. Reiki is a fully-clothed healing treatment. During this session, Made works deeply to help clear and release any negative thoughts and tension from your body. Reiki is recommended for sleep issues, chronic stress, jet lag and fatigue.

60 MINUTES IDR 950++

ADI NUGRAHA - ACUPUNCTURIST

We are proud to collaborate with Chinese-Indonesian born Adi Nugraha, who offers Acupuncture, Facial Cosmetic Acupuncture, Reflexology and Deep Tissue Bodywork. Adi has been a practitioner for over ten years and is a certified Acupuncturist.

BODY ACUPUNCTURE 60 MINUTES IDR 750+
BODY ACUPUNCTURE + FACIAL ACUPUNCTURE 90 MINUTES IDR 950++
MASTER REFLEXOLOGY 60 MINUTES IDR 550++
DEEP TISSUE BODYWORK IDR 600++

ERYKA - REIKI, HYPNOTHERAPY & HEART HEALING

Meet Balinese-born Eryka who has a natural gift for healing on multiple levels. She uses both Reiki and Hypnotherapy to clear any unresolved traumas, anxiety and release negative and unhealthy thoughts and lifestyle habits. Her 'Heart Healing Activation' blends healing reiki with a beautiful chakra opening facial massage.

60-75 MINUTES IDR 950++ PER PERSON

DAYU CITRA - SOUND HEALER, MEDITATION & TAROT READINGS

Meet Citra Kusuma Ida Ayu who is born into a lineage of Balinese healers. Dayu blends Tibetan sound bowls with chakra balancing and crystal therapy. Dayu is a revered Tarot Reader and hosts both private, family, couples and group Sound Healing Meditations.

60-75 MINUTES IDR 950++ PER PERSON

LOCAL RITUALS

INSPIRING SPIRITUAL HARMONY

SIGNATURE ROYAL MASSAGE

This signature therapeutic massage is designed to boost circulation, energy flow and reduce inflammation in the body. Our masseuses therapeutically focus on your back, shoulders and neck area - feel all your stress melt away.

75 MINUTES IDR 400++
90 MINUTES IDR 450++

BALINESE BLESSING

Beginning with a nourishing body scrub and wrap made with locally-sourced spices, this treatment includes a 90-minute Sacred Balinese Massage.

30 MINUTES ISLAND SPICE BODY SCRUB
30 MINUTES BALINESE BOREH
90 MINUTES SACRED BALINESE MASSAGE

2.5 HOURS IDR 800++ | IDR 1,500++ PER COUPLE

ISLAND CLEANSE

Your treatment begins with a magnesium-rich body scrub followed by our invigorating signature Royal Massage. Concludes with a facial massage to leave you relaxed and glowing.

30 MINUTES BALINESE SEA SALT SCRUB
90 MINUTES SIGNATURE ROYAL MASSAGE
30 MINUTES MINI FACIAL BOOSTER

2.5 HOURS IDR 800++ | IDR 1,500++ PER COUPLE

EXPRESS BAR

30 MINUTES IDR 250++

RADIANCE

A mini-facial massage delivered with nourishing virgin coconut oil.

RELEASE

A relaxing hand and arm massage designed to alleviate the strain of digital device use.

ESCAPE

Ideal for jet lag, this neck, shoulder and scalp massage is ideal for computer tension and jet lag.

RECOVERY

Focused on your lower legs and feet, this treatment boosts circulation. Ideal for jet lag and fatigue.

GLIMMER MANI OR PEDI'S

Let your hands and feet be soaked and gently scrubbed before your nails are shaped, filed and polished.

30 MINUTES IDR 250++
60 MINUTES IDR 350++
NAIL POLISH APPLICATION IDR 100++

FACIAL THERAPY

GENTLE LIFT FACIAL

This relaxing facial is performed with a facial massage enhanced with acupressure techniques to lift and tone your skin. Select from our range of nourishing facial oils. Delivered with an exquisite Rosehip facial oil.

60 MINUTES IDR 450++

KARMA YOGA FACIAL

This gentle facial therapy is designed to cleanse and restore your skin's natural healthy glow. We use nourishing oils to bring radiance to your skin. Includes a neck and shoulder massage. Depart radiant.

60 MINUTES IDR 450++
90 MINUTES WITH RELAXING NECK & SHOULDER MASSAGE IDR 600 ++

HIGH-PERFORMANCE MENS FACIAL

This men's facial includes a deep cleanse and exfoliation followed by a nourishing masque and hydrating serum. It also consists of a deeply relaxing face, neck and shoulder massage. You'll feel so regenerated.

60 MINUTES IDR 450++

BALINESE HEALING MESSAGES

SOOTHE & CURE

SACRED BALINESE MASSAGE

A deeply relaxing massage using herbs, spices and essential oils grown in Bali. Treatment includes the ritual of warm virgin coconut shell that feels so soothing on your mind and body. Leaves your skin smooth and nourished.

75 MINUTES IDR 400++

90 MINUTES IDR 450++

SACRED SPICES MASSAGE

Soothe away tension with a warm compress featuring clove, cinnamon, turmeric, lemongrass and tamarind. Ideal for your lower back, neck and shoulders. Recommended for improving circulation and flow.

90 MINUTES IDR 500++

SACRED STONES MASSAGE

Surrender to the warmth of heated stones massaged across your body that will relax your mind as well as tired, tense muscles. Recommended for stress and fatigue.

90 MINUTES IDR 500++

SACRED BALINESE + RADIANCE FACIAL

Your deeply relaxing Sacred Balinese Massage is enhanced with a facial massage to nourish and tone your skin. Emerge feeling rested and glowing.

90 MINUTES IDR 500++

ANTI CELLULITE MASSAGE

When you want to improve the appearance of your skin. Your full body massage is delivered with sweeping, circular, kneading, skin rolling, palm pinching and squeezing techniques. Embody glowing and vital skin texture.

90 MINUTES IDR 650++

CLEANSING SCRUB RITUALS

CLEAN SKIN, CLEAR MIND

NOURISH

A hydrating body scrub infused with virgin coconut oil, Balinese wildflower honey, vanilla and ylang ylang flower oil, Javanese sandalwood, cocoa seed and coffee oil. This body scrub will leave your skin cleansed and renewed.

RECHARGE

An invigorating scrub made from organic Balinese sea-salt blended with French clay, shea butter, aloe vera and essential lavender, rosemary and grapefruit oils. Ideal for dehydrated and sun burned skin.

RENEW

A refreshing sea salt body scrub infused with papaya extract, shea butter and uplifting essential oils of lime, lemongrass, grapefruit, orange, nutmeg and patchouli. Leaves the skin feeling cleansed and renewed.

30 MINUTES BODY SCRUB + 30 MINUTES BESPOKE MASSAGE

60 MINUTES IDR 550++

Karma
ROYAL
SANUR
BALI, INDONESIA

Jl. By Pass Ngurah Rai Sanur Bali, 80228, Indonesia

+62 (0361) 284 360 • kspa.sanur@karmagroup.com

[KarmaRoyalSanur](#) • [@Karma.Group](#) #ExperienceKarma

KARMAGROUP.COM

WE CREATE... WELLNESS

K
Karma Spa

SPA, YOGA & WELLBEING

We offer an array of bespoke therapies, healing and seasonal treatments designed to embody the climate, beauty and rhythm of Bali. Every sensory spa experience has been created to soothe and nurture. Our spa professionals are devoted to easing you into a state of deeper healing.

WE CREATE... WELLNESS